

# **“STAY OUT AND STAY ALIVE”**

*Get Out and Stay Alive* is a program designed to help save your life in case you find yourself in a fire saturation. This program focuses on three main topics: Getting Out, Prevention, and Protection

## **GETTING OUT**

*If you get caught in a fire situation, survival is your top priority. You should:*

### **FEEL THE DOOR HANDLE**

- If the door handle is hot, don't open it
- Go to window and call for help
- If the handle is not hot, open cautiously
- Check for smoke or fire before going out

### **GET OUT OF THE BUILDING BEFORE PHONING FOR HELP**

- Don't take time to phone before leaving
- Get out and find a phone

### **PULL THE FIRE ALARM ON YOUR WAY OUT**

### **DON'T LOOK FOR OTHER PEOPLE OR GATHER UP YOUR STUFF**

- Knock on doors as you leave
- Yell “FIRE!” as you leave
- Don't hesitate or stray from your path as you leave

### **CRAWL LOW TO THE FLOOR**

- Thick smoke can make it impossible to see
- Toxic chemicals from smoke can be deadly in minutes

### **CLOSE THE DOOR BEHIND YOU**

- You may help keep the fire from spreading
- You may protect your possessions from fire and smoke damage

## **IF YOU CAN'T GET OUT, GET SOMEONE'S ATTENTION**

- Yell and scream
- Hang a sheet from the window
- Stay low, there is less smoke and poisonous gasses close to the floor

## **PREVENTION**

*Fires can be prevented from starting if you take some simple precautions:*

### **TAKE RESPONSIBILITY FOR PREVENTION**

- Assign a non-impaired "event monitor"
- Clean up immediately after parties and take all trash outside
- Do not overload electrical outlets
- Keep space heaters and halogen lamps away from flammables
- Put out candles and incense when unattended
- Extinguish all smoking materials thoroughly
- Don't smoke while tired or impaired

## **PROTECTION/SUPPRESSION**

*You can also protect yourself from becoming trapped in a fire situation by following some important suggestions:*

### **CHECK SMOKE ALARMS**

- Be sure they are in proper working condition
- Install new batteries at the beginning of each semester
- Ask to be placed in a fire sprinkler protected dorm or house

### **PLAN ESCAPE ROUTES**

- Know where all exits are located in the building
- Practice your escape plan

## **TAKE FIRE ALARMS SERIOUSLY**

- Do not ignore fire alarms
- Do not wait to see fire or smoke
- Do not worry about grabbing your stuff

*Tampering with smoke alarms, pulling false alarms or misusing fire protection equipment may be a criminal offence. These are dangerous pranks and should be reported immediately.*

## **MAKE A PLAN**

*You can make a plan for your own fire safety and protection as soon as you get home. Use the following checklist:*

- Check to make sure your smoke alarms are working –Change the batteries
- Find all possible exits from your room or residence
- Make a fire escape route plan
- Perform a “home inspection” for fire and safety hazards
- Tell your roommates about your plan
- Call your local fire department for more information about student house fire safety

For More Information contact:

**United States Fire Administration**

**16825 South Senton Avenue**

**Emmitsburg, MD 21727**

**(301) 447-1189**

**Internet: <http://www.usfa.fema.gov>**